



HOW TO: PICO 4E SETUP GUIDE

SkillsVR Support Guide | PICO



STEP-BY-STEP GUIDE

PICO 4E

Welcome to the PICO 4 E! Whether you're a business looking to improve training or productivity or simply exploring the future of VR, this guide will help you make the most of your device. Below, we break down key features and tips for getting started.

» Safety Usage	2
» Getting Ready	3
» Powering On	3
» Headset Adjustment	3
» Status Indicators	4
» Controllers	4
» Re-centering the Screen	4
» Sleep and Wake Modes	5
» Hardware Reset	5
» Other Adjustments	5

Important Safety and Usage Tips

- » **Ensure Clear Space:** Always use the device in a spacious, unobstructed area to prevent injury.
- » **Take Breaks:** To avoid VR fatigue, take regular breaks and stay mindful of your physical limits.
- » **Check Surroundings:** Make sure there are no objects or furniture around that could be accidentally knocked over during use.

STEP-BY-STEP GUIDE

Getting Ready

- » Unbox the Device: Remove your PICO 4 E headset and accessories carefully.
- » Charge the Headset: Plug in your headset to ensure it has sufficient battery life before your first use.
- » Put on the Headset: Adjust the head straps to fit your head comfortably. Make sure the device is positioned correctly on your face.

Powering On

- » Press and Hold the Power Button: Located on the right side of the device, hold the power button for about 3 seconds until the device powers on.
- » Wait for the Display: Once on, you'll see the PICO logo followed by a loading screen.
- » Access the Main Menu: After the device initializes, you will be taken to the home screen where you can navigate through apps and settings.

Headset Adjustment

Fitting the Headset on Your Head:

- » Adjust the Straps: Tighten or loosen the head straps to fit snugly but comfortably on your head.
- » Position the Lenses: Use the lens adjustment feature to ensure a clear view. Adjust the lenses to your eyes' distance to avoid any discomfort.
- » Check for Comfort: Make sure there's no pressure on your face, especially around the eyes and nose. A comfortable fit will enhance your VR experience.



STEP-BY-STEP GUIDE

Status Indicators

The PICO 4 E provides status indicators to help you keep track of the headset's performance:

- » Battery Status: A battery icon will appear on the screen showing the current charge level.
- » Connection: If the headset or controllers lose connection, an alert will appear.
- » Sleep Mode: If idle for a long period, the headset will enter sleep mode to save battery. You'll see a blinking light to indicate the status.

Controllers

- » Insert Batteries: Ensure each controller has fresh batteries before use.
- » Pair the Controllers: On the home screen, follow the instructions to pair the controllers with your headset. Usually, this involves holding down a specific button on the controller until it syncs.
- » Use the Controllers: Once paired, you can start using the controllers to interact with your virtual environment. They offer precise hand tracking, making it ideal business applications.



Re-centering the Screen

- » Press the Menu Button: On the right controller, press the menu button.
- » Select "Re-center": A prompt will appear on your screen, asking you to re-center.
- » Confirm: Follow the on-screen instructions to position yourself and re-center the screen for optimal viewing.



STEP-BY-STEP GUIDE

Sleep and Wake Modes

To manage the device's power:

- » Sleep Mode: After a period of inactivity, the headset will automatically enter sleep mode to conserve battery.
- » Wake Mode: To wake up the device, simply press the power button briefly. You will be prompted to put the headset back on, and the screen will activate.

Hardware Reset

If you encounter any issues, you may need to reset the PICO 4 E:

- » Locate the Reset Button: On the device, find the reset button (usually located near the power button).
- » Hold for 10 Seconds: Press and hold the reset button for about 10 seconds until the device restarts.
- » Follow On-Screen Instructions: Once the device powers back on, follow the on-screen steps to reconnect and re-pair your controllers.

Other Adjustments

- » Volume Controls: Adjust the volume using the buttons on the side of the headset or through the menu in your VR environment.
- » Display Settings: Customize brightness, contrast, and other display settings through the settings menu.
- » Privacy Settings: Adjust your privacy settings, such as enabling or disabling cameras, to ensure a secure and personalized VR experience.

Still can't find the
**answer you're looking
for?**

Contact Support



www.skillsvr.com
support@skillsvr.com