

HOW TO: PICO NEO 3 SETUP GUIDE

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PICO NEO 3 Headset Setup Guide

Welcome to your new Pico Neo 3 VR headset! To help you get started safely and comfortably, follow these steps to set up and enjoy your immersive VR experience.

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Important Safety and Usage Tips

- » Clear Your Play Area: Always ensure a safe play area free of obstacles, sharp objects, or tripping hazards. Ensure there's sufficient space around you to move freely and avoid colliding with furniture, walls, or other objects.
- » Take Regular Breaks: Prolonged use can lead to eye strain, dizziness, or discomfort. It is recommended to take a break every 30 minutes to relax your eyes and reduce any physical strain.
- » Monitor Children's Use: Ensure children use the device under supervision. The headset and controllers are not recommended for use by children under 12 years old.
- » Avoid Direct Sunlight: Never expose your headset to direct sunlight for extended periods, as this can damage the lenses and display.



Getting Ready

Prepare Your Play Area

- » Set up a safe, clear space with at least 2m x 2m of available room for movement. Make sure the space is well-lit, but not overly bright, and free of obstacles that could obstruct your view or cause accidents.
- » Ensure Your Headset is Charged: Before use, ensure that the headset is fully charged to avoid interruptions during your VR experience. Connect the headset to the charger using the included USB-C cable.

Install Batteries in the Controllers

» Install Batteries in the Controllers: Place the included AA batteries into the controllers and remove any protective insulating paper. Always wear the controller lanyards for safety to prevent accidental drops.

Powering On

- » Power On the Headset: To power on the Pico Neo 3, press and hold the POWER button for 2 seconds. The status indicator will turn blue to show the headset is powered on.
- » Power On the Controllers: Press and hold the HOME button for 1 second on each controller to power them on. The controller status indicator will flash blue to indicate they are powered.



» Status Indicators:

Blue: Headset or controller is on and functioning.

Red/Yellow: Device is charging.

Green: Fully charged.

Flashing Blue: Device is in pairing mode.



Headset Adjustment

Adjust the Headset for Comfort

- Wearing the Headset: Place the headset on your head with the display facing your eyes. Adjust the head straps for a secure fit by rotating the side headband and tightening or loosening the top strap.
- » Comfort Fit: Make sure the headset sits comfortably on your face. The foam padding should rest gently on your forehead and nose without causing discomfort.

Adjust the Interpupillary Distance (IPD)

» IPD (Interpupillary Distance) Adjustment: Adjust the lenses to match your eyes' distance (IPD) for the clearest image. Gently slide the lenses inward or outward until the screen looks sharp.

Status Indicators

- » Headset Indicators:
- Blue LED: The headset is powered on and functioning.
- · Red LED: The headset is charging, or there is an issue.
- · Green LED: The headset is fully charged.
- » Controller Indicators:
- · Blue LED Flashing: The controller is in pairing mode or powered on.
- Red LED Flashing: Battery is low and needs charging.



Controllers

Pairing and Disconnecting Controllers

- » Pairing Controllers: If the controllers are not already paired, press and hold the HOME button and TRIGGER simultaneously until the status light alternates red and blue. Follow the on-screen instructions to complete pairing.
- » Controller Usage:
- Use the TRIGGER button to interact with virtual objects.
- · Use the GRAB button to pick up and drop objects.
- · The HOME button opens the system menu.
- The JOYSTICK allows movement within the VR environment. (Typically not used fro training modules).
- » Safety Reminder: Always wear the included controller lanyards to avoid dropping the controllers during use.

Re-centering the Screen

If the screen appears off-center or misaligned, press and hold the HOME button on either controller for 1 second. This will re-center the display and restore the virtual environment to its default orientation.

Sleep and Wake Modes

- » Sleep Mode: If the headset detects inactivity for a while, it will automatically enter sleep mode to save battery. The headset can also be manually put into sleep mode by pressing and holding the POWER button for 5 seconds.
- Wake Mode: To wake the headset from sleep mode, simply press and hold the POWER button for
 2 seconds. The device will quickly resume where you left off.
- » Controller Sleep Mode: Controllers also enter sleep mode when not in use for a while. To wake them up, press and hold the HOME button for a few seconds.



Resetting

- » Resetting the Headset: If your headset becomes unresponsive or experiences issues, you can perform a hardware reset by holding down the POWER button and VOL+ button simultaneously for about 10 seconds. This will force the device to restart.
- » Resetting the Controllers: If a controller is not responding, reset it by removing and reinserting the batteries, or press and hold the HOME and TRIGGER buttons to initiate a re-pairing process.

Other Adjustments

- » Volume Adjustment: Use the volume buttons on the side of the headset to increase or decrease the sound. This is essential for customizing the experience to your preference.
- » Display Settings: In the settings menu, you can adjust display settings like brightness, color saturation, and enable Eye Protection Mode to reduce blue light exposure.
- » Controller Settings: You can customize controller button mappings in the settings for specific applications if needed.

Important Reminders

- » Do Not Overcharge: Avoid leaving the headset plugged in for extended periods once fully charged to preserve battery life.
- » Storage: Store the headset and controllers in a safe, cool, and dry place. Avoid exposing them to direct sunlight, moisture, or extreme temperatures.
- » Eye Protection: If you experience eye strain or discomfort, adjust the headset or take regular breaks. The Eye Protection Mode feature can help reduce blue light exposure.
- » User Awareness: Always be conscious of your physical surroundings during use. The guardian system helps, but you should still be aware of your space and avoid colliding with walls or objects.

Still can't find the answer you're looking for?

Contact Support



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