



HOW TO: PICO 4 SETUP GUIDE

Skills^{VR} Support | PICO



STEP-BY-STEP GUIDE

PICO 4 Headset Setup Guide

Welcome to your new PICO 4 headset! This guide will walk you through the setup process to ensure you have a smooth and enjoyable virtual reality experience.

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Important Safety and Usage Tips

- » Age Restrictions: The PICO 4 headset is not intended for children under 12 years old. Teenagers aged 13 and up should use the device under adult supervision to ensure safety.
- » Compatibility with Glasses: The PICO 4 is designed to work with most prescription glasses. Just make sure your glasses don't touch the VR lenses when wearing the headset.
- » Avoiding Discomfort: Long sessions of VR can lead to dizziness or eye strain. It's recommended to take a break every 30 minutes. If you feel discomfort, stop using the headset immediately and seek medical advice if needed.
- » Lens Protection: Do not expose the headset's lenses to direct sunlight or strong light sources as this could cause permanent damage. This type of damage is not covered under PICO warranty.

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Getting Ready

Prepare Your Play Area

- » Clear Space: Aim for at least 2 meters by 2 meters of free space.
 - » Good Lighting: Choose a well-lit room. Avoid rooms with dark walls, mirrors, glass, or other reflective or moving surfaces that can interfere with tracking.
 - » Remove Protective Film: Take off any protective film covering the front cameras of the headset.
- Ensure controllers and accessories are out of children's reach.

Install Batteries in the Controllers

- » Remove Insulating Paper: Pull the tab to remove the insulating paper from the controllers.
- » Insert Batteries: Use 1.5V AA alkaline batteries and slide the toggle to open the battery compartment.

Powering On

Power On the Controllers

- » First Use: The controllers will power on automatically once the insulating paper is removed.
- » Subsequent Use: Press and hold the Home button for 1 second until the blue indicator light starts flashing.



Power On the VR Headset

- » Press and hold the Power button for 2 seconds until the status indicator lights up blue.



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Headset Adjustment

Adjust the Headset for Comfort

- » Strap Adjustment: Use the strap dial at the back of the headset to adjust it for a secure and comfortable fit.

Top Strap Fine-Tuning: Adjust the top strap to reduce pressure on your forehead.

Adjust the Interpupillary Distance (IPD)

- » Go to Settings > Display on the headset. Use the + and – buttons to adjust the IPD until the image becomes clear and sharp. Tip: Make sure to adjust the IPD properly to avoid ghosting or discomfort. A correct IPD setting enhances clarity and reduces eye strain.

Status Indicators

Headset and Controller Status Indicators

- » VR Headset Status Indicators
 - Blue: The headset is on, and the battery is above 20%.
 - Yellow: Charging (battery is below 98%).
 - Red: Charging (battery is below 20%).
 - Green: Charging is complete or battery is more than 98% charged.
 - Flashing Blue: The headset is shutting down.
 - Flashing Red: Battery is critically low (below 20%).
 - Off: The headset is powered off or in sleep mode.
- » Controller Status Indicators
 - Off: Controller is connected or powered off.
 - Blue: Firmware is updating.
 - Flashing Blue: Controller is searching for a connection.
 - Alternating Red and Blue: Controller is in pairing mode.

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Controllers

Pairing and Disconnecting Controllers

- » To Pair a New Controller:
 - Go to Settings > Controller and select Pair.
 - Press and hold the Home and Trigger buttons on the controller until the indicator flashes red and blue. Follow the on-screen instructions.
- » To Disconnect a Controller:
 - Press and hold the Home button until the status light turns red and the controller vibrates.

Re-centering the Screen

Press and hold the Home button on the controller or the Volume Down button on the headset for 1 second to re-center the screen to your current view.

Sleep and Wake Modes

- » Automatic Sleep/Wake: The headset will automatically go into sleep mode when removed from your head and wake up once you put it back on.
- » Manual Sleep/Wake: Press and hold the Power button for 2 seconds to manually sleep or wake the headset.

Hardware Reset

- » Headset Reset: If the headset freezes or becomes unresponsive, hold the Power button for 10 seconds to reset it.
- » Controller Reset: If the controller stops responding, remove and reinstall the battery case to restart the controller.

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Other Adjustments

Installing the Nose Pad

- » If light leaks from the nose area, you can install the provided nose pad to block the light. This is optional and can be done as needed.

Installing the Glasses Spacer

- » If you wear glasses and find that they interfere with the headset, you can use the glasses spacer to create more space. Simply follow the instructions to install the spacer for added comfort.

Important Reminders

- » The PICO 4 headset can accommodate most glasses with a frame width under 150mm. If necessary, use the glasses spacer for additional space.
- » Always ensure that the headset, controllers, and accessories are stored out of reach of children.

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**answer you're looking
for?**

Contact Support



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