



CLEANING GUIDE **META HEADSETS**

Skills^{VR} Headset Support Guide | Meta



OVERVIEW

Hygiene Guidelines

Cleaning your Meta VR headset and hand controllers is crucial, especially when shared among multiple users for training, demos, and other applications. Regular exposure to dust, sweat, and oils can damage the hardware and compromise hygiene.

Our Suggestions

- » **Wash Hands:** Always wash your hands before handling the headset and controllers.
- » **Use Antibacterial Wipes:** For most hard surfaces, use alcohol-free antibacterial wipes to clean areas frequently touched, like the eyepiece and controller grips.
- » **Clean the Lenses:** For the lenses, avoid any liquid or alcohol-based cleaners. Use a dry microfiber cloth or a non-alcoholic glasses cleaning wipe. Wipe gently in a circular motion starting from the center and moving outward.
- » **Soft Surfaces:** For the headband and foam interfaces, use the same antibacterial wipes. Allow these to air dry completely for at least 10 minutes before using the headset again. Don't forget to wipe the nose area!
- » **Maintain Storage:** Keep your headset in a dust-free environment when not in use.
- » **Use Gloves:** If possible, wear nitrile gloves while cleaning, disposing of them after each use.
- » **Disposable Barriers:** If your device lacks wipeable facial interfaces, consider using disposable hygiene covers to minimize bacteria transfer.

Additional Tips

- » **Avoid Sunlight:** Do not expose the headset to direct sunlight while drying, as this can damage the lenses.
- » **Detachable Parts:** Remove detachable components like the facial interface for easier cleaning. Wash head straps with cold water and soap if stained.
- » **Cleaning Frequency:** Clean devices after each use, especially when shared among users.
- » Maintaining hygiene and safety best practices is essential for the health of users and longevity of your equipment. **Enjoy your Meta VR adventures with peace of mind!**

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for?**

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