



HOW TO: CAST FROM YOUR META HEADSET

Skills^{VR} Support | Meta



STEP-BY-STEP GUIDE

Casting from your Meta Headset

Casting your Meta Quest VR headset allows you to share the content you see in the headset with others via your computer or mobile phone. Follow these steps to cast your VR experience smoothly.

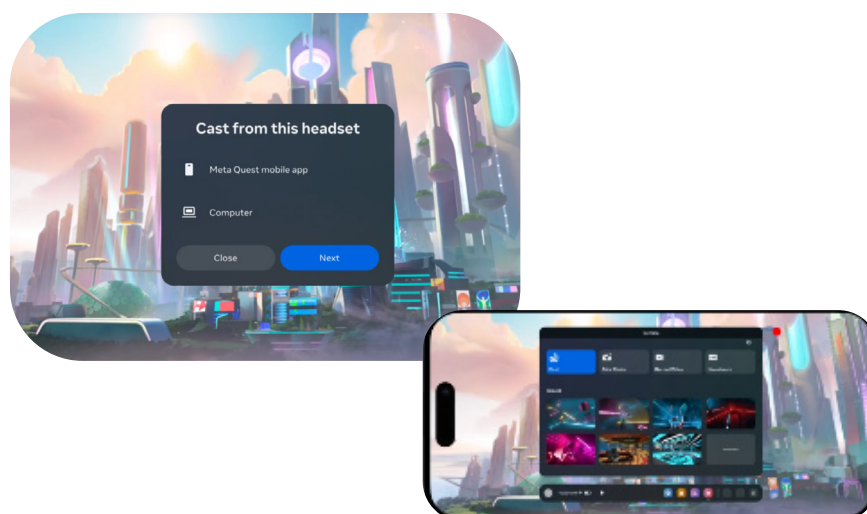
Before You Cast

- » **Check Your Wi-Fi Connection:** Ensure that your Meta Quest headset, phone, and computer are all connected to the same Wi-Fi network.
- » If your Wi-Fi supports dual-band, make sure all devices are on the same frequency (either 2.4 GHz or 5 GHz).
- » **Log into the Same Meta Account:** Verify that your Meta Quest headset and the device you're casting to (phone or computer) are both logged into the same Meta account.

How to Start Casting from Your Meta Quest Headset

Casting to a Phone

- » Ensure your phone is connected to the same Wi-Fi network as your headset.
- » On your Meta Quest headset, press the Meta button (or the Oculus icon) on your controller to open the Universal Menu.
- » In the menu, select Camera, then tap Cast.
- » Choose the Meta Horizon mobile app from the available options to begin casting to your phone.

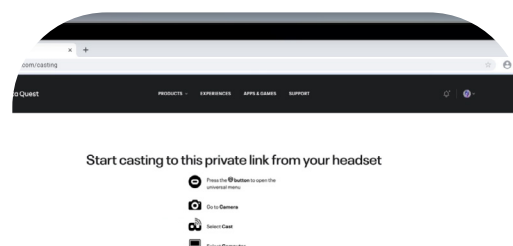


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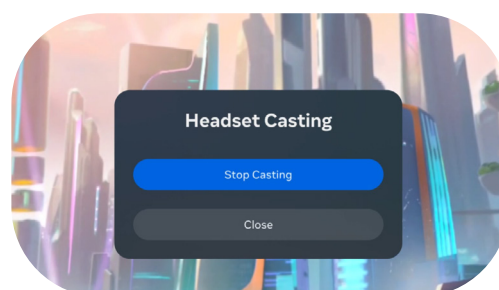
Casting to a Computer

- » Make sure your computer is also connected to the same Wi-Fi network as your headset.
- » Open the Universal Menu in your Meta Quest headset by pressing the Meta button (or Oculus icon) on your controller.
- » Select Camera, then tap Cast.
- » Choose Computer from the available options to begin casting to your computer.



How to Stop Casting

- » Open the Universal Menu by pressing the Meta button (or Oculus icon) on your controller.
- » Select Camera, then tap Cast.
- » Choose Stop casting to end the casting session.



Important Notes

Chromecast Compatibility

- » Chromecast is not fully supported with Meta Quest and may not provide an optimal experience. For the best casting performance, we recommend casting to either a phone or computer.

If you encounter issues while casting, try the following steps:

- » Ensure that all devices are connected to the same Wi-Fi network.
- » Restart your Meta Quest headset, phone, or computer to resolve potential connection issues.
- » Verify that both your Meta Quest headset and the device you're casting to are logged into the same Meta account.
- » Update the Meta Horizon app or your computer's casting software to the latest version.

Still can't find the
**answer you're looking
for?**

Contact Support



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